



National Hurling Development



Provincial Coaching Workshops 2018

October 13th. Connacht Centre of Excellence, Ballyhaunis, Co. Mayo

Registration: 10.30 a.m. Workshop: 11.00 – 01.20 p.m. Lunch 01.30 p.m.

Format:

Practical station based workshop with participants rotating to each station.

Target audience – Youth – Adult Coaches. Open to all coaches – Hurling & Camogie

Workshop Theme – Building the Essentials into Every Training Session:

To include -

- Goalkeeping essentials
- Catching & Striking
- Hooking & Blocking
- Rising & Hand passing
- Defending & Attacking

Coaches:

Lead coaches for the day will be 3-5 coaches from the following list of well known players / coaches depending on availability. Confirmation closer to the date:

Jamesie O' Connor, Seanie Mc Mahon, Christy O' Connor - Clare

D.J. Carey, - Kilkenny

Ollie Canning - Galway

Eamon O' Shea - Tipperary

Derek McGrath - Waterford

Martin Fogarty: - National Hurling Development Manager

Special Guest: - Kate Kelly - Wexford

Bookings: <http://learning.gaa.ie/hurlingworkshops>

Early booking advisable as places are limited

Enquiries: All enquiries to **Martin Fogarty.**

Email: martin.fogarty@gaa.ie

Registration: €20 (includes lunch)

Play and Stay with the G.A.A.