

“Hello everyone,

My Name is Bernie Mulligan Dolan, Chairperson of Leitrim GAA Health and Well-being Committee.

You are all very welcome.

Thanks for taking a moment to gather here today to recognise our partnership with the Samaritans.

We welcome and thank Frank Considine from the Samaritans who has travelled to be with us today.

Thank you also to the County Board officers who are here today supporting the initiative: Declan Bohan, Chairperson; Attracta O'Reilly, Secretary; and Martin McCartin, Treasurer and Brendan Doyle, PRO.

We thank you for your ongoing support.

Thank you also to Sean McGoldrick who was responsible for erecting the signage for us.

We're also very grateful to Willie Donnellan from the Leitrim Observer for being here to help share this message with the wider community.

And again sincere thanks to Lorraine Mulvey and Lisa Mulligan from our Health and Wellbeing Committee for being here today, and for their – and the entire committee's – hard work and support throughout this process.

We're really proud to launch this signage in our county GAA park as part of our partnership with the Samaritans — a charity that does incredible work supporting people when they're struggling.

This sign is simple, but powerful. It reminds us all that it's okay not to be okay, and that there's always someone to talk to — day or night, no matter what you're going through.

The GAA is about more than sport — it's about looking out for each other, on and off the pitch. And by teaming up with the Samaritans, we're sending a clear message:

You're never alone.

So let's keep talking, keep supporting each other, and keep our County, Clubs and community strong — not just in body, but in mind and heart too.

Thank you.”

I'll now hand you over to Frank who will say a few words.